

Help!

I lift up my eyes to the mountains— where does my help come from?
My help comes from the Lord, the Maker of heaven and earth.
Psalm 121:1-2 (NIV)

As a small boy I thought my father knew everything. He could repair our family car, finish off the basement including the electrical wiring. His sense of direction was phenomenal. He knew how to hunt and trap for food, and how to ice fish. I thought there was nothing useful he did not know.

As an adult I came to realize my beloved father had limits to his knowledge and wisdom for living. It did not change my love and respect for him in the least.

My Father in heaven is different from my earthly father. The Lord has infinite wisdom, power, love, holiness, compassion, grace, and on the list goes. There is nothing my heavenly Father cannot do.

As I looked at the Rocky Mountains, on my several visits to western Canada, I admired their rugged

strength and enormous size. They towered over the landscape. Driving on the highway in the Bow River Valley in Alberta that follows the mountains north to south allows the tourist to observe these majestic heights up close. The view is breathtaking and inspiring to all who see the beauty of God's creation.

The Lord made such glorious scenes to inspire us with the indescribable wonders of our God who made the heavens and earth. If the creation is breathtakingly beautiful, awe inspiring, majestic, and glorious how much more so is the One who made it and sustains everything? Like the Palmist we need to meditate on the mountains and learn what they say about the One who created them by the word of His mouth.

The Psalmist looked at the mountains and was inspired to turn his eyes

to the Lord. He confidently stated that his help was from the One who created those awesome mountains. How could he be afraid of his situation when the Maker of heaven and earth supplies his daily needs?

Do you need to look at the beauties and glories of the world around you to cause your faith to grow and become strong? The world is full of wonders to those who will take the time to look and listen. Whether it is the mountains, the song birds, the flowers in full bloom, all creation sings the praise of God and teaches us to know we are more precious than anything else in the world. Calm your troubled spirit today by doing as the Psalmist did and rejoice in the Lord Who loves you as the apple of His eye. (Zechariah. 2:8)