

The Lord Knows

“I will be glad and rejoice in your love,
for you saw my affliction and knew the anguish of my soul.”

Psalm 31:7 (NIV)

When my first son was born we only had him home for a few days when my wife was rushed back to hospital for emergency surgery. I had to take my new son to a friend 60 miles away to care for him while I attended my wife.

Going home that night after the surgeon told me all was well I sat in the quiet house alone and feeling sorry for myself, my wife and the baby. It was a low moment for me and I struggled to know what the Lord was teaching me.

I rarely doubt that the Lord hears my prayers but that night I felt that heaven was closed to my pain. Prayer was laborious and words were hard to find. The lady looking after my son was a seasoned pediatric nurse and had many years of experience attending infants in hospital. My wife was resting after her surgery in a fine hospital. I knew both my son

and wife were being well cared for but no one was by my side to help me.

It took several days to settle down and regain my confidence in the Lord. Circumstances should never rule your thoughts and emotions but there are times for all of us when they do.

The Psalmist was struggling with circumstances in his life and moves back and forth between hope and despair. Such ups and downs are very common among people in pain. We move back and forth between the two and find ourselves discouraged by our inconsistencies.

The Psalmist emits a pitiful cry when he says, “Be merciful to me, Lord, for I am in distress; my eyes grow weak with sorrow, my soul and body with grief. My life is consumed by anguish and my years by groaning; my strength fails because of my affliction,

and my bones grow weak.”

Have you been this low as you drown in sorrow? Do you find panic setting in? Look again to the Lord and instead of sinking into despair find yourself being held up by the Lord’s strong arm. Find yourself immersed in His love and cease wasting emotional energy struggling with the issues around you.

Draw near to the Lord and rest in His love. Never think the Lord is blind to your suffering. He sees, He cares and He will cause you to overcome the mountain of your difficulties. You shall find victory through the knowledge the Lord will never leave or forsake you. With the Psalmist may you rejoice in the Lord’s love knowing He sees and knows all about your grief.

RumfordMinistries.org Some rights reserved