

# Fear Facts Faith

*"When I am afraid, I put my trust in you"  
Psalm 56:3 (NIV)*

*"I will trust and not be afraid.  
The Lord, the Lord himself, is my strength and my defense;  
he has become my salvation."  
Isaiah 12 :2 (NIV)*

*"Then Jesus told him, 'Because you have seen me, you have believed;  
blessed are those who have not seen and yet have believed.'"  
John 20:29 (NIV)*

**T**he sequence of the words in the title of today's devotional is very important. Trials produce fear, then biblical facts are introduced, and finally faith takes over. This is the usual order of events in the lives of most believers.

Fear comes when adversity strikes. There is no denying this fact. As we mark the 20th anniversary of 9/11, we can recall the chilling hand of fear gripping our hearts. Nothing like this had occurred in north America before. Questions flooded our minds. Who is behind this attack? Were there more attacks coming? What else is coming down the pipe? Each question compounded the fear flooding our minds.

For the believer, when fear invades our space, we need to look to the promises of Scripture and fill our minds and hearts with the wonderful statements from the loving heart of our heavenly Father. These promises, or facts, are freely given to the Lord's people for our comfort and encouragement to rise above the negative issue and move confidently forward in life.

Faith is built on the solid rock of facts, not on the shifting sand of human opinion. For the first generation of believers most had seen the Lamb of God either before or after the cross and prior to the ascension. Thus, it was easier for them to have confidence, and faith, in the One Who gave Himself for

us than for the ones who have never seen Him.

We need to memorize the precious promises of Scripture so we have them to feed our faith in times of trouble. Several parachurch organizations and some study Bibles have good Scripture memorization programs to help us hide God's Word in our hearts.

May your fear be exposed to wonderful biblical facts (promises) and thus be turned to faith today.

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