

A Day At A Time

*"Therefore do not worry about tomorrow, for tomorrow will worry about itself.
Each day has enough trouble of its own."*

Matthew 6:34 (NIV)

Everyone should have an aunt like my aunt Bertha. All of her nieces and nephews loved her and her husband Lorrie my mom's older brother. I recall one day following her into another aunt's home as we went to a birthday celebration. As we walked along I said, "Aunt Bertha how are you doing?" Her spontaneous reply was, "Gordon me and the Lord are taking things one day at a time."

Now I should tell you a bit about Aunt Bertha's history. First her beloved husband had died of leukemia. Before that her youngest son Walter died in a boating accident. Then her son Graham died of cancer. Finally her last son died tragically in a hunting accident. So when she said she and the Lord were taking things one day at a time it was a profound comment coming from one so wrapped up in tragedy.

In 51 years of Christian

ministry I have had to witness much suffering by people and I have never grown casual or flippant as I see the suffering of others. I have wept with those who weep and witnessed the amazing grace of God in the lives of people in intense pain. Frankly I do not know how people who do not know the Lord manage in times of trouble.

When I wrote this devotional I had just gotten off the phone with a dear saint of the Lord who has gone through surgery after surgery for reconstruction of various skeletal deformities caused by arthritis. This wonderful person has developed an amazing ministry to others who also have suffered much in life. As we talked it became evident this person was living life one day at a time. Their suffering was not wasted as they reached out to others and had a very active prayer life helping people in pain.

Are you learning to take life a day at a time? Or do you find yourself trying to see a long way down the road and imagining what the alternatives might be for you in a year or so? Do you sit brooding over your difficulties and trying to figure out how you will ever cope with possible problems?

It is time for you to get up and start dealing with life head on. Find ways to help others with similar problems as yours. Perhaps there is a community support group you could attend and support. You might enlist the help of others in your church to organize a community program for people with special needs such as single moms. Seek the mind of the Lord as to how you can help others and be a strong witness to God's grace for those who suffer, but do not waste your suffering!

www.RumfordMinistries.org
© Rumford Ministries
Some rights reserved