

Food For Life

*Taste and see that the LORD is good; blessed is the one who takes refuge in him.
Psalm 34:8 NIV*

The Hebrew people in biblical times used vivid expressions to communicate their ideas.

For example they often said the earth opened its mouth and swallowed up the bad people when referring to an earthquake.

When in a joyful mood they might say, the hills shouted for joy and the mountains clapped their hands. Such delightful figures of speech make the truths behind them come alive.

In John's Gospel our Lord is recorded as making seven "I am" statements.

One time He said He was the door by which His sheep went in and out of the fold to gain pasture and find shelter. Another time He said, "I am the bread of life. Whoever comes to me will never

go hungry, and whoever believes in me will never be thirsty." (John 6:35).

These metaphors made the truths behind them come alive and the people understood them clearly.

The language in which the New Testament was written is more emphatic than our English translations because the literal rendering of the statement is, "I, I am...".

So Jesus was putting great emphasis on Himself as the only one who could satisfy the needs of humanity. Such a way of wording the statements was deliberate on our Lord's part.

He was insisting that He and He alone was able to come into our lives and strengthen us so we could conquer all evil temptations, and equip

us to live the godly lives we were created to have.

Have you tasted and seen that the Lord is good? Are you living in the strength of the Lord? Or are your circumstances overcoming you and causing you to stumble and fall on a daily basis?

May you find yourself feeding on the living bread and overcoming the difficulties of life.

Jesus gives the same invitation to everyone when He said, "Come unto me all you who struggle and are weighed down and I will give you rest." Come to Him and come today.

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